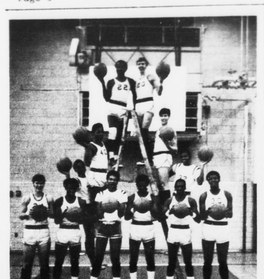

THE VARSITY RAIDERS

THE RAIDERETTES

THE J. V. RAIDERS

Three Teams Lead District

For the first time in high school sports history in Appomattox, three basketball teams are first in their district, with an almost perfect win-loss record so far.

The Appomattox County High School Raiders' 81-50 win over Rustburg Friday night earned them their 10th straight victory, with a 11-1 record overall and 6-1 record in the Seminole District. Coach is Stanley Thomas.

Appomattox County High School girls are enjoying that feeling of being first, also, District champions in years previous and with only one loss last year, the Raiderettes under the coach of Mrs. Louise Martin have a win-loss record so far of 8 to 1 overall; 7-0 district.

Jayvees under Wilfred Rogers are also making a first rate showing, with 8 wins and 1 loss. Next JV game - today (Thurs.) against Altavista.

HEART FUND

Cont'd from Page 1

Relationship to Heart Disease" in October, 1970.

Several pamphlets and papers dealing with heart disease are mailed monthly to doctors and nurses by the association. Doctor's offices and hospital stations are provided with diet manuals for distribution to patients by prescription.

The association will hold a nursing seminar on "Care of the Patient from the Coronary Care Unit to the Home" on Feb. 23.

The association was instrumental in establishing a Coronary Care Unit for the Lynchburg area. Approximately $6,000 was spent on investigation, nurses' training and teaching equipment. The association also employes jointly with Lynchburg General and Virginia Baptist Hospital a nurse as the coordinator of coronary care education activities.

The association has donated $25,381.83 in oxygen equipment to the 15 area rescue squads. Equipment has been placed in 14 loan closets in the amount of $13,034.28. This equipment consists of wheelchairs, beds and walkers for recuperating patients, free of charge.

In cooperation with the American Cancer Society, the heart association is also sponsoring the Homemaker Service for Lynchburg and the surrounding area.

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8 A.M to 9 P.M.
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CHESTNUT GROVE

Sunday visitors in the home of Mr. and Mrs. Raymond G. Burr were Mr. and Mrs. Charles A. Duty, Jr. of Powhatan; Mrs. Ray L. Duty, Karla Lea, and Ray, Jr. of Andersonville; Mr. and Mrs. Willard Calhoun and Joe Burr, all of Farmville.

Saturday visitors of Mr. and Mrs. Kemper Beasley, Sr. were Mr. and Mrs. Tommy Huddleston and family of Farmville.

Mrs. Lloyd Huskey and Wayne of Dillwyn were Saturday visitors in the home of Mr. and Mrs. Pete F. Harris and Mr. and Mrs. R. L. Harris.

Week end visitors in the home of Mr. and Mrs. C. W. Morris were Mr. and Mrs. Billy Morris of Richmond. Rev. Robert Edward Johnson of Richmond was Sunday dinner guest.

Charles Morris of V. P. I. spent the week end with his parents, Mr. and Mrs. A. N. Morris.

Mr. and Mrs. Roger Morris and family visited Mr. and Mrs. Rice Sway at Andersonville on Sunday.

Rita Waycaster of Dillwyn was dinner guest of Mr. and Mrs. R. L. Harris Sunday.

Mrs. Ruth Beasley was Sunday dinner guest of Mr. and Mrs. Odel Kirby of Farmville.

Johnie Beasley of Farmville spent Monday in the home of Mr. and Mrs. Kemper Beasley Sr. Sunday visitors in the same home were Mr. and Mrs. T. N. Manis and family, Mr. and Mrs. Earl Harris and family all of Farmville.

APPO PRIMARY MENU

Mon. - Hot dog on bun with dressing and onions, cole slaw, green peas, yellow cake with chocolate sauce, milk.

Tues. - Chili with ground beef hot rolls, lettuce and tomato salad, cheese with crackers, jello with whipped topping, milk.

Wed. - Barbecue on bun, mixed greens, peanut butter crackers, fruit cup, milk.

Thurs. - Hamburger potato chips, string bean, apple pudding with topping.

Fri. - Vegetable soup, beef, crackers, toasted sandwich, ice cream, milk.

Give
AMERICAN CANCER SOCIETY

GLADSTONE, VA.

Mr. and Mrs. Samuel Almond and family, of Cedar Rapids, Iowa, visited in the home of Mr. and Mrs. W. Christian Carter recently.

Cornerstone Convention Sunday

The general public is cordially invited to attend the Fifth Sunday Union of the Cornerstone Convention this Sunday, beginning at 10 a.m. at the Promise Land Baptist Church. The Rev. T. M. Venable, of Norfolk, is the president. The Sunday School lesson will be under the direction of the Union and its core of teachers. The business session will begin at 11 a.m. with the official welcome from the home school. The Bible quiz will be conducted by Mrs. Henerita Venable. The youth program will be composed of talent from each Sunday school. The president will deliver his annual address. Special music will be rendered by the Union Chorus, under the direction of Mrs. Venable. Lunch will be served by the home school.

The combined Junior choirs of the Mount Airy and Galilee churches will render a special musical program at the Shiloh Baptist Church in Blackstone, Va. this Sunday evening at 6 p. m. Friends of the choirs are cordially invited to accompany the groups. They will leave Appomattox Intermediate School at 4:30 p.m.

An appreciative crowd attended the installation services of the officers of the Mount Shiloh Baptist Church last Sunday evening at 7 p.m. Special music was rendered by the Mount Airy Junior Choir. The pastor of the church delivered the special sermon. He spoke from the subject: "Using What You Have in Your Hands." All officers present took an active part in the installation ceremony. The general offering was lifted by Deacon Calvin Elliott, William Bernet Turner, Jr. and Charles Booker.

All members of the Galilee Sunday School are asked to come out this Sunday morning at the usual 10 a.m. hour.

Mr. Peyton (Dude) Hambles is undergoing a special operation in the Lynchburg Memorial Hospital. This is his first illness and we hope for him a speedy recovery.

Mrs. C.M. Harvey of the Promise Land Community was taken to the Pine Ridge Nursing Home last Saturday.

Mrs. Maggie Tibbs is doing nicely at her home after undergoing surgery in the Lynchburg General Hospital. Her daughter, Mrs. V. D. Ferguson, is spending some time with her in the home of her sister, Mrs. Eva Allen, and family.

Mrs. Eva Bolden of the Spout Spring Community, is receiving special treatment in the Lynchburg General Hospital.

Impressive services were held at the Promise Land Baptist Church last Sunday morning. The pastor delivered a special message. Several visitors attended the service.

Mrs. Daisy Palmer spent the week end in Roanoke with her sister, Mrs. Martha Bonds.

VEPCO's One Millionth Customer

Virginia Electric and Power Company has reached a major milestone in its 62-year history by becoming one of a small number of utilities in the nation to serve over a million electric customers.

Mr. and Mrs. Ray F. Rollins became number 1,000,000 when their new home at 532 Crown Crescent Ave., in Chesapeake, Va. was connected recently.

Mr. Rollins is principal of Willard Junior High School at Norfolk, and Mrs. Rollins is head of the guidance department for Azalea Gardens Junior High also at Norfolk.

YES, we're here this week saying - THANK YOU!

Thanks to each and every one of you wonderful people --We truly appreciate your business !!

Over and above our regular Steak House Menu, we will run this week the following:

SANDWICHES

Sunday - Cold Cuts - Roast Beef
Monday - Country Ham
Tuesday - Spaghetti
Wednesday - Charcoal Pork Chops
Thursday - Liver and Onions

Don't forget to stop by after Church for a Sunday Lunch

--Oh yes, we still do CARRY OUT ORDERS. For something different try our Charcoal Hamburger.

Within the next few weeks, our Restaurant will seat 60 people in comfort - - - so when needing a place to have your next club dinner,

Remember Us!
Jeanne's Restaurant
Main Street Appomattox, Virginia

Church Services

LIBERTY BAPTIST
Rev. Thomas D. Leas, Pastor
Appomattox, Virginia
ORDER OF SERVICES -
SUNDAY -
Sunday School -9:45 a.m.
Morning Worship - 11 a.m.
Training Union -6:30 p.m.
Evening Worship -7:30 p.m.
WEDNESDAY -
Prayer Meeting - 7:30 p.m.

ADVENTIST CHURCH
Rufus B. McDannel, Pastor
Sabbath School Lesson for Jan. 30, 1971
Subject: "Church Relations"
Keyleet: That they may all be one; as Thou Father, art in Me and I in Thee. That they also may be one in us: that the world may believe that Thou hast sent me, John 17:21.
As there is unity in heaven, so it was God's place that there should be unity in the church family as well. A house of worship divided cannot stand. The unity of the church is the convincing evidence that God has sent Jesus into the world as its Redeemer. This is an argument which worldlings cannot controvert. Therefore Satin is constantly working to prevent this union and harmony, that unbelivers by witnessing backsliding disension, and strife among professed Christians, may become disgusted with religion and be confirmed in their impenitence. God is dishonored by those who profess the truth while they are at variance with one another. Satin is the great accuser of the breathern, and all who engage in this work are enlisted in his service. The members should respect and honor their leaders. The leaders in turn are to be worthy of that respect. Only thus can the church have a real influence on its neighbors.
Sabbath School - 9:45 a.m.
Worship Service - 11 a.m.

BIBLE BAPTIST CHURCH
Sunday School - 10 a.m.
Morning Worship - 11 a.m.
Youth Meeting - 6:45 p.m.
Choir Practice - 7 p.m.
Evening Service - 7:30 p.m.
WEDNESDAY -
Prayer Meeting - 7:30 p.m.

RED OAK BAPTIST
Rev. G. E. Hughes, Pastor
Sunday School-9:45 a.m.
Robert Lusado, Supt.
B.T.U. - 6:30 p.m.
Bill Williamson, Director
Worship Service-7:30 p.m.
Wed. Jan. 27 - Prayer Service - 7:30 p.m.

PRESBYTERIAN CHURCHES
M. G. Stimpson, Minister
APPOMATTOX C. H. -
Sunday School - 10 a.m.
Morning Worship - 11 a.m.
Message: Consecration and Concern
MONDAY - Choir - 7 p.m.
Prayer - 8 p.m.
WALKER'S -
Sunday School - 9:45 a.m.

JORDAN BAPTIST
"Gracious is the Lord, and righteous; yea, our God is merciful."
All present enjoyed our first regular service of the New Year. After the sermon, all officers were installed.
We are sorry to hear of the illness of Mrs. Elliott's mother. Mrs. Bowling is in the Memorial Hospital. To her we wish a speedy recovery.
Mrs. Cora Jones is also on the sick list.

MEMORIAL METHODIST
Virginia Avenue & Court St.
Rev. Alfred Eastman
Church School -9:45 a.m.
W. S. Supt. - Ben Wheeler
Worship - 11 a.m.
Methodist Youth Fellowship - 6:15 p.m.
Worship -7:30 p.m.
WEDNESDAY -
Chancelary Choir -7:30 p.m.

PROVIDENCE BAPTIST
Spout House, Va.
Sunday School -10 a.m.
Preaching - 11 a.m. -2nd Sunday
Preaching -7:30 p.m. -4th Sunday

REEDY SPRINGS BAPTIST
Sunday School -10 a.m.
Preaching - 11 a.m. -1st Sunday
Preaching -7:30 p.m. -3rd Sunday

APPO PENTECOSTAL HOLINESS CHURCH
Sunday School - 10 a.m.
Sunday Worship - 11 a.m.
Youth Service - 6:30 p.m.
Evangelistic Service - 7:30 p.m.
Wednesday Night Prayer Meeting - 7:30 p.m.

ST. ANNE'S EPISCOPAL
St. Anne's
Oakleigh Avenue
Rev. W. M. Latta, Vicar
Church Sunday after the Epiphany
9:30 - Morning Prayer & Sermon
Pre-School Nursery

ANNE PEEBLES LEADS CRUSADE

Miss Anne Dobie Peebles of Sussex County, past President of the Virginia State Board of Education, will serve as the American Cancer Society's 1971 Crusade Chairman in Virginia, it was announced today by Courtland W. Bostic, Chairman of the Board of the Society's Virginia Division.

A volunteer with the Society for the past 20 years, Miss Peebles will lead over 65,000 ACS volunteers this April in the annual education and fund-raising Crusade. The 1971 Crusade goal for Virginia is $1,225,000. Volunteers raised $1,190,499 in last year's Crusade.

Missionary Returns To Africa

Miss Hazel Moon (2nd from left) was the honoree' Sunday night at a reception at Spout Spring Baptist Church held to mark Miss Moon's departure Tuesday for McLean Hospital in Nigeria where she is administrator of Baptist Health Service. Standing with her (far left) is her mother, Mrs. Margaret Moon, of Spout Spring, Mrs. Harry Reynolds, president of the Spout Spring Church WMU and the pastor, the Rev. L. L. Schwemer. A color scheme of yellow and green was used in the centerpiece flowers and accessories. Sunday evening, with fruit, punch and assorted cakes and cookies served to church members and guests.

BROOKNEAL METHODIST ATTEND MEETING IN RICHMOND

Rev. Bill Fisher, Mrs. Lelia Reamey, Mrs. Charlotte Lipscomb, Mrs. Mary Ellen Hamlet, Mrs. Lois Owen and Mrs. Jo Ellington from the Brookneal United Methodist Charge attended a meeting of the "Good News Movement" of Virginia whose legal name is "The Forum for Scriptural Christianity", at Calvary United Methodist Church, Williamsburg Rd., Richmond, Virginia on January 19, 1971. Rev. Louis E. Carson, a former pastor of the Brookneal U.M. Charge is pastor of that church now.

The "Good News Movement" is made up of pastors and laymen of the United Methodist, who are seeking to strengthen the United Methodist Church by proclaiming Scriptural truths and holding up Jesus Christ at every opportunity. There were laymen, laywomen and pastors present from Alexandria, Hampton, Danville, Winchester, Blackstone, Richmond, Appomattox, Brookneal and Concord. The Rev. Jackson from Appomattox and Laymen Stephen Pool from Concord were among those attending; also Mrs. Armelia McNeil from Winchester Rev. Fisher's mother.

Dr. Reddick a former district superintendent within the Virginia conference gave a most inspiring message.

The next meeting of the "Good News Movement" will be held on March 2, 1971 at 10 a.m. in the chapel of The Methodist Building in Richmond, Va. All interested and concerned United Methodist are encouraged to attend.

Baby Survives 10,000-1 Chance To Live

by W. C. Dudley, III
Blacksburg, Va.

William Courtney Dudley, IV was born on October 18, 1970 at 3:30 A.M. His birth weight was 1 lb. and 12 ozs. He was exactly three months premature. What a way for a young man to start his life!

Yes, the above is true, although it is very hard to believe. Will Dudley started life out rough, but now he is doing fine. His chances for survival were one in ten thousand. The doctors gave him no hope of living. It was necessary to rush the Arp Respirator to his side and support his breating for some 18 hours. Special nurses watched him every hour of the day for his first week of life. He stayed a total of seventy-eight days at Radford Community Hospital and finally came home to his parents on January 4, 1971.

Well, what else can you say besides miracles still happen. To look at the above picture you wouldn't know what Will had been through. On January 17, 1971, the day he was due to be born, he weighed seven and one-half pounds and was eighteen and one-half inches long.

As my wife and I look back over the past few months we thank God for sparing our young child. We are also thankful that He has given men and women the ability and desire to help others in their time of need. Our baby's physician, Dr. Garrett Dalton has been and still is unceasing in his devotion of time and attention to our baby. Enough can not be said about the nurses and staff at Radford Community Hospital. We have come to know and love many of them. The attention and care that they gave to our baby can never be repaid. Dr. L. J. Arp also played a very essential role in the development of our baby. He disregarded his own personal interests and stayed by the side of our baby for eighteen hours. Many of you have probably read of the Arp Respirator in LIFE Magazine. For all the time that Dr. Arp stayed with our baby and for the use of his machine, he would not charge a penny. What a wonderful example of man's love one for another.

We could write a book of our experiences the last few months. Maybe we will. However, both my wife and I wanted to share this with you, our friends back home. We also wanted to thank many of you for your kind remembrances but most of all, we want to thank you for your prayers. May God truly bless you throughout the coming year as He has us.

William C. Dudley, IV

Every acre of growing trees will generate enough oxygen to sustain 18 people for an entire year.

FIGHT CANCER WITH A CHECKUP AND CHECK

Scout Leaders Enjoy Stew

Mrs. J. A. Mathews, Southside Service Unit chairman, was hostess at her home Thursday evening, Jan. 21, for a Brunswick stew supper and planning meeting for Girl Scout troop leaders and service unit members.

Those attending were Mrs. Floyd Flint, Mrs. Jerry Heffner, Miss Jean Larue, Mrs. R. B. Parris, Mrs. Jerry Robinson, Mrs. Dennis Torrence, Mrs. Robert Wooten, all of Appomattox plus Mrs. Helen Jones Concord and Miss Betty Rau, field director of Lynchburg.

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Glass allows heat to escape many times faster than walls do. So, whether you heat your house with flameless electricity or one of the older flame fuels, you can save as much as 15% of your heating dollars by installing storm windows, or by covering windows with sheets of clear plastic. And here are four other ways to save on your heating bill.

1 Don't spend your money keeping Mother Nature warm. First make sure your home is properly insulated. Then seal all cracks and crevices around windows and doors and close dampers or block flues in unused fireplaces. This way you'll keep out the cold air and seal in the heat.

2 Let the sun shine in—it's free; so use it whenever you can. Otherwise draw your window shades or draperies, especially at night, to insulate your windows, keep out the cold and reduce a sizeable heat loss.

3 Don't spend money heating unused space. Close the doors to attic, basement, garage and other unheated areas. If your home has electric heat with thermostats in every room, you can save even more by reducing the settings in unused rooms and closing them off.

4 Remember that repeatedly adjusting the thermostat can be a very costly habit. Contrary to popular opinion, turning it way up doesn't make the heat come any faster; it just keeps the unit operating longer and uses more fuel. So set your thermostat at the temperature you want and leave it there.

We know how unpleasant inflation is. Like you, Vepco is faced with higher costs: for fuel, labor, freight, interest, pollution control and construction, among other things. And because we understand the problems inflation brings you, we're offering these helpful hints from the Vepco Home Economists. Follow them and save money.

Vepco
With everything costing more these days, electricity is about the only bargain left.

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